

## Being a Friend

(Keep this in your child's folder!)

Would you like your child to make more friends? Try coaching him/her in how to be the kind of friend that other kids are naturally drawn to. Here are some "friendly" behaviors you can help your child master:

**SMILE:** Children (and adults) enjoy being around people who are happy. Encourage your child to smile and make eye contact when he/she meets others.

**SHARE:** Generosity is contagious. Suggest that your child share with friends and classmates. Explain that they will be more likely to share with him/her in return.

**LISTEN:** Everyone likes it when others listen to what they have to say. Encourage your youngster to ask others about themselves. **Tip:** If your child is shy, help him/her practice conversation starters, like "What did you order for lunch today?" or "What are you going to play with during recess?"

**BE A GOOD SPORT:** Good sportsmanship is an important part of being a good friend. Challenge your child to say "Great game. Thanks for playing with me!" after a game - whether he/she wins or loses.

Parents, use these tips to talk to your child frequently. I'm listing all the children's first names so that you can encourage your child to be friends with everyone. Perhaps, each day your child could talk to a different child. Before they come to school, talk about which person they will speak to that day and what they will say. I would like to see the children be friends with everyone in the room.

Class List:

If your child states "that person is mean" please help your child find a way to show that child kindness. I appreciate you taking the time to help your child be a friend to everyone. I think all the children will benefit from this.

Sincerely, Mrs. Miller